



Farewell

RICK CROSS

By Barbara Lyghtel Rohrer

Canon Rick Cross answered the call to come to Cincinnati in 2005 because he was attracted to the mission of Christ Church Cathedral. So he, wife Amy and younger daughter Katherine left their beloved Maine and headed to Ohio. Now that older daughter Carrie has made Rick and Amy grandparents and Rick's aging parents need more attention, the Cross family is once again pulling up roots. This time they are headed back to "paradise," as Rick always called his home state of Maine. He retires with 27 years of full time ministry as an ordained priest at the end of September.

"Rick and his family dropped into our lives and it was love at first sight," says senior warden Mary Hagner. "He has been a bright presence in the cathedral. He always has a great smile, a warm sense of humor and caring personality. Working with Rick has been a gratifying experience for me. Socializing with him and his family has brought love into my heart."

Rick came to the cathedral to work as the canon vicar, a position he held for three years. During that time, he oversaw the visioning process that set the stage for eight new action committees that re-invigorated the life of the cathedral

congregation. He served a leadership role in founding the 5000 Club, the cathedral's food and outreach assistance ministry. He was instrumental in implementing the laying on of hands and anointing during the ten o'clock service on Sundays, and he offered workshops on healing and prayer. (His final workshop on healing and prayer will be Sunday, September 19, at 11:30 a.m.)

Two years ago, Rick moved to the position of canon pastor to allow for a more flexible schedule, something he needed after Amy had a stroke. The Cross family will always be appreciative of the support the congregation gave to them as she recovered.

Before entering seminary, Rick was a teacher and a principal.

"My call to priesthood, more than thirty years ago, came through a prior interest and involvement in the spiritual dimensions of healing. It was a natural progression from my first vocation as an educator to add theological, liturgical and pastoral training.

"God called me to be a teacher, a husband and a father," Rick once said. But he is also called to be a priest – fully, prayerfully, faithfully.

Many at the cathedral will miss his warm and gracious gifts.

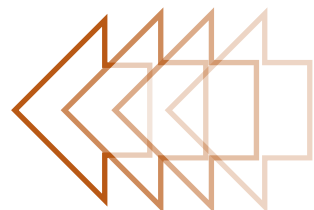
~

A note about the Cross Family: The Cross family's move to Cincinnati opened up the door for more opportunities for daughter Katherine, who was born with Down Syndrome. Once settled in a new family home in Loveland, Katherine not only found employment but also began to faithfully serve as a cathedral acolyte. Amy became an active member of the cathedral choir.

Daughter Carrie and husband, David Choi make their home in Massachusetts. Their son Tristan is 3. Their second child is due any day.

FAREWELL RECEPTION

THE UNDERCROFT
SUNDAY, SEPTEMBER 26 AT 11:30 A.M.



I WONDER WHERE
I'LL BE IN THE
YEAR 2010?



from the dean

I never could have guessed that I'd be here in Cincinnati with you at Christ Church Cathedral celebrating this community's Commitment to the City. This week someone said to me: *Everyone you've met so far in your life has helped prepare you to be where you are.* I believe that. When I think of all the people who have been a part of my life, I am amazed and awed – not only at what I learned from them, but it's unbelievable that some of them put up with me during those years when I knew so much more than I do now! Many people throughout the years have loved me into self-discovery.

Often I find myself doing a task and I remember the person who taught me to pay attention to that particular aspect. I believe that these lessons learned from others are a large reason that I take such joy in my work in this specialty known as an intentional interim ministry.

An intentional interim time is when, in a non-anxious way, a congregation can take time to recognize the saints of the past, as well as look toward the future. In past years, when a rector or dean left a parish, the practice was to find a retired priest who would come for a few months to serve as an interim. The interim was to maintain the services and pastoral care during the time that the parish, through a search committee, sought a new rector or dean. The expectation was that the process would move along quickly.

Over the past 15 years, national churches of all denominations have found that this process generally did not give a congregation time enough to deal with systemic issues of leadership, organization and self-understanding. These and other factors, such as financial challenges, records and

policies updating and healing of emotions of anger, confusion and resentment, needed an interim with different skills than simple maintenance. A new term for this work emerged – intentional interim – a priest hired to work with leadership in very intentional ways of healing, creating new models and understanding parish history. The length of time for this kind of process is therefore longer than previous interim work, and can often last 18 to 24 months.

The invitation from God to the congregation during the intentional interim process is to rest, to regain a sense of community, to experience hope and to be enabled to talk about what has happened in the history of the parish. The word used often for this process is transparency – a truthful and clear presentation of all aspects of the parish's life, a time for questions to be answered as truthfully as possible.

God's Spirit of truth and "that peace which passes all understanding" is seen as the under girding for this foundational work. The intentional interim seeks to come with fresh eyes and open ears which prompt questions, suggestions for changes, support for present ways of doing things and, most importantly, a love, honesty and enthusiasm for the people of the congregation.

Over these next months, my hope is that we will share more in this transparency through our love, honesty and enthusiasm for one another. I pledge my love, honesty and enthusiasm to you. I invite your pledge.

Celebrating Our Ministries Parish Fair

by Nancye Phillips

Did you ever dream of working as a chef with your own cook line, a real life version of HGTV's *The Iron Chef*? Or, want to set 175 places at the table and fill each chair with someone actually thankful for broccoli and a green salad? Have you ever wanted to stop the Hamilton County sheriff 's deputies from putting a family's possessions on the street? Or, simply help a single mother get through another day by cooking a meal, rocking a baby and making up a bed?

Christ Church Cathedral's outreach ministries provide opportunities for you to do this and more. Learn how you can be part of it at the "Celebrating Our Ministries" Parish Fair on Sunday, September 12, after the ten o'clock morning service.

And if you are not ready to jump into a commitment to outreach ministries? What if you are new to the cathedral and are still trying to meet other members and find your way around? At the parish fair, you can sign up to be a

greeter before or after services. It is an easy way to learn names and faces. You can join a foyer group and share a meal or a fun time. It is a comfortable way to get to know 10 to 12 other members well. Still feeling lost? Plan to take one of the first Sunday fact-filled guided tours of the cathedral and learn about its life upstairs and downstairs.

And if you have young family? At the parish fair, you will find information about the cathedral's children and youth programs, community work projects, camps and how your youth can become an acolyte – and more.

Dreams. Possibilities.

There will be so much for you to learn at the parish fair. It will be packed with displays and information tables on all the cathedral's ministries, guilds and committees. Volunteers with sign up sheets will make it easy for you to get involved. Come and be a part of it. Share your own dream. Talk about possibilities. And, of course, enjoy good food.

Photos by consanphotos.com



Choir Camp: June 21-27, 2010



scene at the cathedral: summer in the city

Photos by Judy Beiring



Vacation Bible School: Egypt: Joseph's Journey from Prison to Palace, July 12-16, 2010



cathedral faith

Christian Formation

September Sunday Seminars

“Christian formation is a lifelong journey toward a deeper relationship with and a deeper commitment to God in Jesus Christ. It is the foundation of God’s call to us.”

— CANON JOANNA LEISERSON

Many of Christ Church Cathedral’s Christian Formation programs are offered through its Sunday Seminars. The opening seminar for the 2010-11 program year will be “What Do You Hunger For?” Offered at both 9:00 and 11:30 a.m. on September 19, the seminar will be an opportunity to express your wants in terms of your relationship with God and what you need to deepen and broaden your spirituality. Do you want to know more about the Bible? Prayer? What about theological reflection and journaling? What about the developments in the Anglican Communion? How do you convert Sunday piety to Monday living? Do you wish to join a small group to share ideas and reflections? Are you interested in finding out more about outreach service? These are some of the possible questions that will be explored in a discussion facilitated by Canon Joanna Leiserson.

“Today’s Bible Readings” is also on the roster of the cathedral offerings on Sunday mornings this year. Again, starting on September 19, this ongoing class will explore the readings for that day’s worship services, by looking at the historical background, the theology and current relevance. The class begins at 9:00 a.m. and will be led by a trained facilitator.

On Sunday, September 26, at 9:00 a.m., Carol Williams will offer the first in a four-part series (others dates will be October 3, 10 and 17) on the relationship between our health and our relationship with God. Sessions will explore the role of food, physical activity and self-image, how they shape and are shaped by our spiritual life. There will be discussions, food sampling, other activities and interactive demonstrations. This first part is entitled “Health for the Love of God.” Carol is studying to be a holistic health counselor.

Plumb Line News

Crystal Jones, Christ Church Cathedral’s staff secretary, is now supplying support services to the Plumb Line ministry. This includes serving as a liaison with the referral agencies and scheduling client appointments.



In addition to rental assistance, Plumb Line volunteers are able to give a bag of food and personal care items to those seeking help, thanks to the support of the congregation.

The ministry needs canned stews, soups, tuna, fruits, vegetables, jars of peanut butter and jelly, and boxes of noodles or macaroni, as well as personal care items such as soap, shampoo, deodorant, toothpaste and toothbrushes. Leave donations in the basket in the hall outside the Plumb Line office. Thank you.

Anti-Racism Training

Christ Church Cathedral will hold an anti-racism training class on Saturday, September 11, from 9:00 a.m. to 4:00 p.m. This class meets the requirement of the Diocese of Southern Ohio that elected and appointed lay and clergy leaders complete anti-racism training within the first twelve months of their appointment. (Note: This is an anti-racism workshop, and not a diversity or multi-cultural workshop.)

The training consists of four parts: (1) reading to be done prior to training; (2) the training day; (3) work to be completed after the training; and (4) a follow-up meeting (to be scheduled at the training).

“At Christ Church Cathedral, we highly recommend this training for volunteers with the 5000 Club, Interfaith Hospitality, Plumb Line and all other outreach ministries,” says Canon Joanna Leiserson, who will serve as one of the trainers. “Since this is a downtown, urban church, we also recommend this training for all clergy and lay persons who attend this church and are involved in this community.”

There is a fee of \$10, which covers the cost of lunch. The registration deadline is September 2. Registration is available online (<https://diosohio.wufoo.com/forms/antiracism-training-registration>). You may also register by phoning 513.842.2052.

cathedral faith

Appalachian Service Project

On June 13, 10 youth from Christ Church Cathedral departed for a week-long mission trip in West Virginia. They worked through the Appalachian Service Project, a non-profit organization that connects church youth groups interested in helping families in need of emergency home repair. Dexter Adams, Alex Bissantz, Grace Jones, Daisha Key, Shea Miller, Tendo Mutema, Paige O'Connell, Aron Simms, Sean Simms and Nia Warren put their faith into action as they built decks and outside stairs for two residences. Their work was guided by chaperones Bob & Judy Beiring, Phil Hagner and Michael Henrickson.

Photos by Judy Beiring



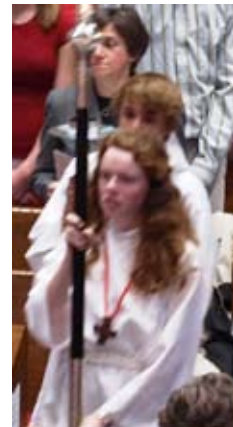
Team one built a new entrance to one home



Team two rests on the steps they constructed.

Youth Acolyte Trip to National Cathedral

The National Cathedral in Washington, D.C., will hold its 31st Annual National Acolyte Festival on Saturday, October 9. The day will open with a 10:00 a.m. Festival Service of Holy Eucharist with Rededication of Acolytes from dioceses across the nation. Lunch will follow on the cathedral grounds. In the afternoon, youth will enjoy workshops with such titles as FUNDamentals of a Eucharist, Jubilation Streamers and Holy Smoke: The Work of the Thurifer.



Christ Church Cathedral is organizing a trip for its own acolytes to attend. The trip is open to any youth who is currently an acolyte or, as space permits, for those in training to be an acolyte. Canon Nancy Jones sent information about the trip to parents of cathedral youth in August. The cost is \$150. (Full and partial scholarships are available.) The youth will depart from the Dayton International Airport late Friday afternoon and return late Sunday afternoon. They will stay at the National 4-H Conference Center and, along with the festival activities, have an opportunity to tour some of Washington. For more information, contact Nancy at 513.842.2054 or njones@cccath.org. Registration is required by Wednesday, September 1.

Workshop on Healing Prayer

Sundays, September 19
11:30 a.m. to 1:00 p.m.

Led by Canon Rick Cross, this workshop will explore the theology and practice of spiritual healing, using a holistic approach of body, mind and spirit.

Community Issues Forum

Discuss topics of civic interest with Cincinnati leaders.

Alternate Thursdays at noon

This month's dates: September 9 & 23

Purchase lunch for \$5.00 or bring your own. To see videos of past forums, go to www.airinc.org.

cathedral action

Cincinnati Boychoir In Residence



In August, Stephan Casurella, music director at Christ Church Cathedral, and Christopher Eanes, artistic director of the Cincinnati Boychoir, announced a partnership between the two music programs. As a result, the Cincinnati Boychoir, now in its 45th season, will be in residence at the cathedral for the 2010-11 program year.

According to the residency agreement, the cathedral entered into this partnership to enrich the lives of young people and adults alike and to foster an atmosphere of intellectual and artistic curiosity among its members and patrons of fine music.

Founded in 1965, the acclaimed Cincinnati Boychoir is considered a treasury of youth and song. It fosters the social, emotional and musical development of boys by instilling in them a sense of dedication, self-discipline and respect. Its artistic excellence and diverse repertory of choral literature prepares young choristers for a lifelong love of music and ensemble singing.

The Cincinnati Boychoir will perform two programs of its nearly 40-concert season at the cathedral, and will be involved in several worship services and workshops throughout the year. The first concert that the choir will present at the cathedral will be Saturday, December 11. This performance will include the first part of Handel's *Messiah*.



Mission and Outreach Grants

During the spring and summer, the vestry of Christ Church Cathedral approved the following community grants, as recommended by the Mission and Outreach Committee.

Elementz: \$25,000 – The grant will fund instructors' time for advanced classes in music production, dance and graffiti arts at the Over-the-Rhine hip hop youth center. Other costs of this new program are being covered by grants from other foundations.

Episcopal Community Services Foundation: \$10,000 – The grant will be used for funding grants that strengthen social justice ministries by sister congregations in the Diocese of Southern Ohio. These ministries provide food, housing support and other aid.

Lower Price Hill Community School: \$20,000 – The grant will help support an English for Speakers of Other Languages (ESOL) program.

Oyler School: \$20,000 – This grant will strengthen parental involvement and academic programs by connecting students and parents to the school's instructional objectives with fun events and incentives that draw families together.

Over-the-Rhine Housing: \$15,000 – The grant will provide for essential repairs to buildings to assure that 28 low-income rental units will continue to be available for occupancy.

Peaslee Child Development Center: \$20,000 – The grant will cover costs of the ongoing operation of the day care center and a summer program that dovetails with Cincinnati Public Schools' "Fifth Quarter."

Urban Appalachian Council: \$20,000 – The grant will contribute support during a transition in leadership, providing maintenance of critical human services, health care and housing for the urban Appalachian community.

cathedral community

PARISH *Life*

The glow on **Canon Nancy Jones'** face these days is directly related to the birth of her first grandchild, Parker Adeline, who was born on June 22 to parents Rob and Heidi Guckenberger.



PHOTO COMPETITION

David Thomson's photo "Church Goods Window" was selected as one of 20 photographs for a juried competition at RoHo Gallery. The gallery, open on Saturdays from noon to 5:00 p.m., is located at 209 Woodward, Loft G, in Over-the-Rhine. Patrons are asked to call ahead (513.254.7646) when planning to visit.

CONTACT US!

Christ Church Cathedral
318 East Fourth Street
Cincinnati, OH 45202-4202
513.621.1817

The Very Rev. Ronald N. DelBene, Interim Dean;
513.842.2050; rdelbene@cccath.org

Mr. Mark Priest, Cathedral Administrator; 513.842.2056;
mpriest@cccath.org

Ms. Barbara Lyghtel Rohrer, Communications Manager
Consultant; Editor, *The Cathedral Tower*; 513.528.2290;
rohrer@fuse.net

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Photos by wangnews.net

A PILGRIM'S PROGRESS



Matthew Jaroszewicz, junior at Brown University, had a dream. His dream was to direct and conduct a semi-staged production of Ralph Vaughan Williams' opera, *A Pilgrim's Progress*. The dream happened at Christ Church Cathedral on July 30-31. The response from the two nearly full-house audiences: *Bravo!*



Wellness Tip

PERSONAL INFLUENCE OF HEALING

Research and technology allows us to identify the physiological impact of a healthy lifestyle on our bodies. Studies also demonstrate the importance of the mind in the healing process.

Our bodies are in constant "healing mode." A simple hand cut stimulates a massive response. Good nutrition speeds healing. Moderate exercise increases the flow of oxygen-rich blood. Positive attitudes stimulate appropriate hormone response. We can provide our bodies with the tools to heal:

- Ease stress with pleasure.
- Find something to believe in.
- Talk it out.
- Get to bed.
- Eat plenty of healing foods.
- Move it!

Source: Lefkowitz, Frances. "Mind Body Healing." *Whole Living* (September 2010).

— Judy Chamberlain, RN, MSN

YOUTH CANOE TRIP

Youth members of Christ Church Cathedral and their friends will paddle out from the Old Mill on the Little Miami River down to Morrow, Ohio, on Sunday afternoon, September 26. Along the way, they will float under Ohio's tallest bridge and through the Ft. Ancient forest area. The cost will be \$15 per person. Contact Harold Park at harold.park@kroger.com for more information and to make a reservation.



Christ Church Cathedral

318 EAST FOURTH STREET
CINCINNATI, OH 45202-4299

calendar

9.2010 at the cathedral

www.christchurchcincinnati.org

THE CATHEDRAL WILL BE CLOSED MONDAY, SEPTEMBER 6, FOR LABOR DAY.

WORSHIP

Holy Communion

Sundays, 8:00 & 10:00 a.m.

Wednesdays & Fridays, 12:10 p.m. (BEGINNING SEPTEMBER 10)

Evening Prayer

Tuesdays, 4:40 p.m.

SEMINARS, DISCUSSIONS & FORUMS

Today's Bible Readings

Sundays, 9:00 a.m. (BEGINNING SEPTEMBER 19)

Men's Bible study

Thursdays, 8:00 a.m.

Community Issues Forum

Thursday, September 9 & 23, 12:00 p.m.

What Do You Hunger For? Sunday Seminar

Sunday, September 19, 9:00 & 11:30 a.m.

Workshop on Healing Prayer

Sunday, September 19, 11:30 a.m.

Health for the Love of God Sunday Seminar

Sunday, September 26, 9:00 a.m.

CHILDREN

Weaving the Promises of The Good Shepherd

Sundays, 9:00 a.m. (BEGINNING SEPTEMBER 19)

The Parent Center

Sundays, 9:00 a.m. (BEGINNING SEPTEMBER 19)

YOUTH

Youth Canoe Trip

Sunday, September 26

MUSIC & THE ARTS

Cathedral Tour

Sunday, September 5, 11:30 a.m.

COMMUNITY

Celebrating Our Ministries Parish Fair

Sunday, September 12, 11:30 a.m.

OUTREACH & SERVICE

5000 Club community suppers

Tuesdays, 5:00 p.m.

Cathedral night at the Drop-Inn Center

Monday, September 13, 6:00 p.m.

LOOKING AHEAD: Opening Concerts

Christ Church Cathedral opens its 2010-11 music program season with its decades old and widely appreciated **Music at Lunch program on Tuesday, October 5, at 12:10 p.m., with a performance by Katherine Evans on flute.** These free, now weekly, mid-day concerts present the musical talents of a variety of artists whose musical performances range from the classical to jazz to world music.

In recent years, the cathedral has presented a series of organ recitals at 5:00 p.m. on the third Sundays of the month. This year, the series will be held in collaboration with the Cincinnati chapter of the American Guild of Organists. The season will open with **Paul A. Thornock, II, director of music & organist of St. Joseph Cathedral in Columbus, Ohio, performing on Sunday, October 17.** The recitals are free and open to all.